

1

TO SLOW THE SPREAD OF  
CORONAVIRUS IN NORFOLK

**STAY HOME  
AS MUCH  
AS POSSIBLE**

WE'VE DONE IT BEFORE,  
SO THIS TIME WE'RE BETTER PREPARED

PROTECT OURSELVES. PROTECT OTHERS. PROTECT NORFOLK.



2

TO SLOW THE SPREAD OF  
CORONAVIRUS IN NORFOLK

**DON'T MEET  
FRIENDS OR  
FAMILY INDOORS**

WE'VE DONE IT BEFORE,  
SO WE'VE FOUND NEW WAYS  
TO STAY IN TOUCH

PROTECT OURSELVES. PROTECT OTHERS. PROTECT NORFOLK.



3

TO SLOW THE SPREAD OF  
CORONAVIRUS IN NORFOLK

**ONLY MEET  
OUTDOORS WITH  
ONE PERSON FROM  
ANOTHER HOUSEHOLD**

WE'VE DONE IT BEFORE,  
SO WE KNOW IT HELPS

PROTECT OURSELVES. PROTECT OTHERS. PROTECT NORFOLK.




4

TO SLOW THE SPREAD OF  
CORONAVIRUS IN NORFOLK

# STAY SAFE OUTDOORS

- WASH YOUR HANDS OFTEN
- WEAR A FACE COVERING
- STAY 2M FROM OTHERS



PROTECT OURSELVES. PROTECT OTHERS. PROTECT NORFOLK.

5

MAKE SURE EVERYONE IN NORFOLK  
HAS ACCESS TO FOOD AND SUPPLIES

# JUST BUY WHAT YOU NEED

WE'VE DONE IT BEFORE,  
SO THIS TIME WE  
KNOW WHAT TO BUY



PROTECT OURSELVES. PROTECT OTHERS. PROTECT NORFOLK.

6

TO SLOW THE SPREAD OF  
CORONAVIRUS IN NORFOLK

# ONLY MAKE ESSENTIAL JOURNEYS

WE'VE DONE IT BEFORE,  
SO WE'RE USED TO DOING  
THINGS REMOTELY



PROTECT OURSELVES. PROTECT OTHERS. PROTECT NORFOLK.

7

**VULNERABLE PEOPLE IN NORFOLK**

**MINIMISE CONTACT WITH OTHERS**

**WE'VE DONE IT BEFORE, SO WE KNOW WHERE TO GET HELP AND SUPPORT**

PROTECT OURSELVES. PROTECT OTHERS. PROTECT NORFOLK.

The poster features a dark blue background with white and yellow text. On the left, there is a silhouette of a person standing in a doorway next to a yellow trash bin. On the right, there is a silhouette of a person standing next to a car. A white virus-like particle is visible in the upper right corner.

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