

Brundall Area Community First Responders

(covering Brundall, Lingwood, Blofield,
Blofield Heath and surrounding areas)



Community First Responders (CFRs) are volunteers who are trained to attend certain types of emergency calls in the local area.

The aim is to reach a potential life threatening emergency in the first vital minutes before the ambulance crew arrives.

We help stabilise the patient and provide appropriate care and support until the more highly skilled ambulance crew arrives on scene.

Anyone can become a community first responder but you must:

- be physically fit
- be aged between 18-70
- agree to a disclosure and barring service check (DBS). This was previously known as criminal records bureau disclosure or CRB.
- have a sympathetic, caring nature
- agree to undertake training, which we provide
- have a full driving licence and access to a road-worthy car.

If you would like to find out more about our local team please –
e-mail: brundallcfr@btinternet.com or contact 07867 806657

For further information or to apply directly please visit
East of England Ambulance Service website:
<https://www.eastamb.nhs.uk/join-the-team/community-first-responders>

e-mail: CFR@eastamb.nhs.uk or phone 07717 375272

Your neighbourhood needs YOU !