



**James Paget
University Hospitals**
NHS Foundation Trust

**Strumpshaw Community Hall
Mill Road, Strumpshaw**

**Tuesday 25th July
between 12 noon and 2.30pm**

Support and advice available from a team of registered nurses
on a number of health matters

Offering you support with:

- ◇ Covid Vaccines
- ◇ Blood Pressure Checks
- ◇ Weight Management
- ◇ Smoking Cessation
- ◇ Physical Wellbeing
- ◇ Mental Wellbeing
- ◇ Cost of Living

