

WHP **Pioneer**

# The Shaw Trust WHP Pioneer Norfolk News

April 2024



In  
partnership  
with



Department  
for Work &  
Pensions

**shaw trust**

# 680

Active participants

# 111

Started working

# 14

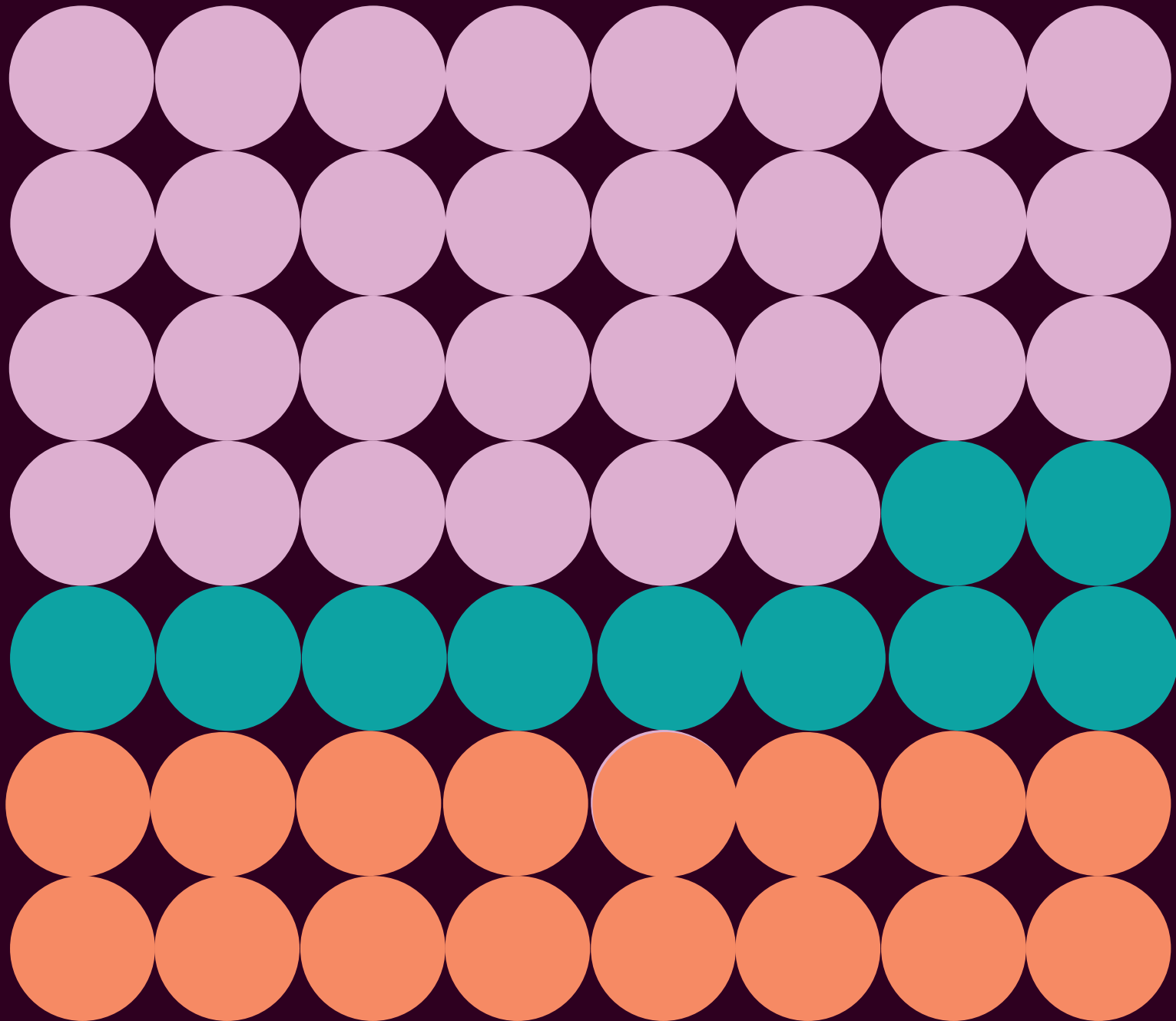
achieved income over £5000!

# 42%

of those who started working  
overcame severe depression and anxiety

# 21%

of those who are now in work are  
neurodiverse



# WHP Pioneer

New skills and qualifications gained

Business Administration

CSCS Green Card

Excel

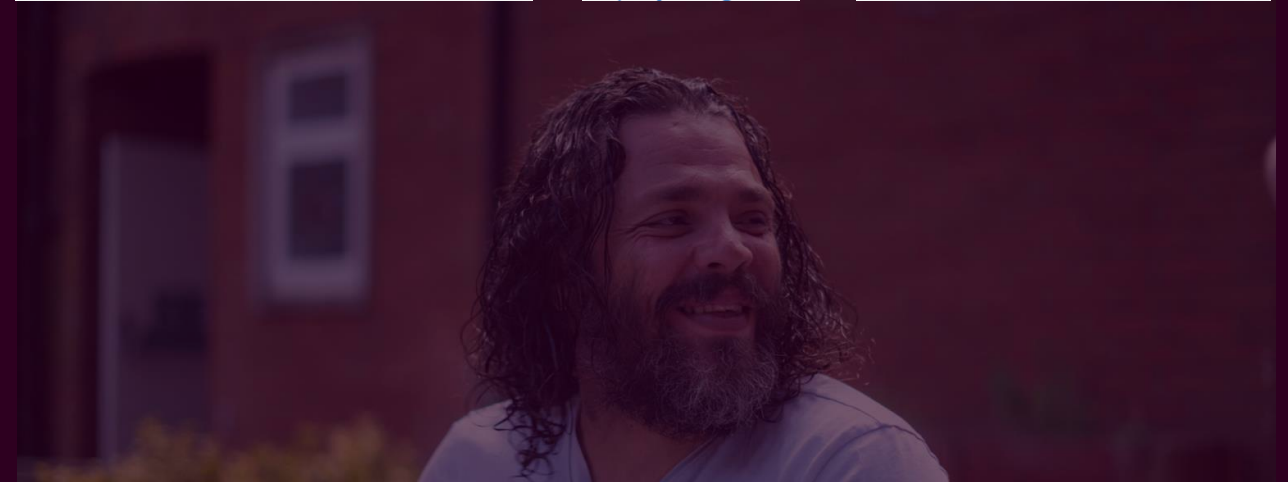
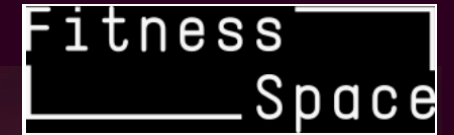
Team Leader & Supervisory Skills

COSHH Level 2

Bookkeeping

Childcare

Where our participants started working last month?



# shaw trust

Community Engagement  
Activities

## Weekly Advice Drop-in

Easily accessible employment advice session available to everyone

**Career Advice:** Help with planning careers and finding job opportunities.

**CV Help:** Assistance with writing professional resumes and cover letters.

**Interview Tips:** Practice interviews and advice on how to do well.

**Job Search Help:** Tips for finding jobs online and through networking.

**Continued Help:** Access to receive ongoing support with WHP Pioneer programme.

No appointment  
needed!

## Employment Advice Drop-in Session

Every Tuesday, 2pm to 5pm

Norfolk and Norwich Millennium Library,  
NR2 1AW

Find and keep a job with the support of WHP **Pioneer**

Continued

Two years ago, our participant lost his job, a job that allowed him to work with animals and breathe in fresh air. With the loss of his job came a loss of confidence, purpose, routine, and self-worth. He found himself engulfed in crippling anxiety about what the future held. It became a vicious cycle - needing another job but unable to succeed in applying due to overwhelming self-doubt. Health and mental health constraints limited him to considering only part-time work. Having experience on farms, he was uncertain about other job options if farm work wasn't available.

Support came in the form of a series of conversations with an Employment Advisor who helped assess his barriers and explore local opportunities aligned with his skills. During each meeting, the EA presented several roles to consider, assisting him in tailoring his CV and cover letters to match employer expectations. He was also referred to online seminars on Body Language for Interview Skills Advice and Guidance, and Building Confidence, which he found comforting to attend from the comfort of his home.

The outcome of working together with his Employment advisor, he gained confidence in explaining his skills and experiences using interview techniques learned during the seminars. Within a month and a half of starting the program, he secured a new role. Not only has his anxiety lessened significantly, but he has also returned to working on farms, enjoying the outdoors and working with animals. His hours have increased to full-time, a testament to his newfound happiness and fulfilment in his work

# shaw trust

# Good news

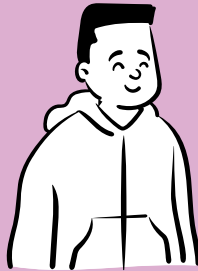


# Participant comments



All of the staff could not be more helpful in making sure that you are given all the support that you need when looking for a job or help looking for a job.

I am happy with the help i have received for my cover letter and cv. Aswell as the options and support available for me to get back into work at a steady not rushed pace. I feel motivated and every shaws trust meeting i have, I leave it more motivated and in knowledge of next steps needed to take to be closer to work. All in all a very positive and motivational experience.

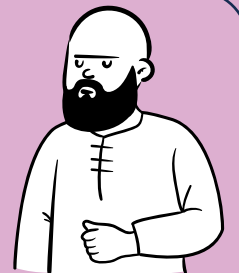


Ruth has been absolutely amazing I can't praise her enough. I have had so much help and support from her and she has given me the confidence to attend interviews and apply for jobs I wouldn't have done previously. Ruth has helped me with any aspect that needed addressing in my life and I am so grateful to her and the Shaw Trust for everything.

Very understanding about my condition and depression with what I am dealing with at the moment



I have had a good experience in the way I have been treated and helped. It has helped me to possibly see a way forwards. Employment advisor has been of great help. I am unfortunately suffering from a difficult period of depression which has made things difficult for me hopefully I will find a way through this and make some progress going forwards. I have been thinking about a future career path and that is something I did not think would be possible.



# 3 ways to refer:

1. Using self-referral link on our website

<https://www.shawtrust.org.uk/what-we-do/whp-pioneer/>

2. Contact DEM

Emilija Krivaityte – District Engagement Manager

E: [Emilija.Krivaityte@shaw-trust.org.uk](mailto:Emilija.Krivaityte@shaw-trust.org.uk)

T: 07548963870

Andrew Mussell – District Engagement Manager

E: [andrew.mussell@shaw-trust.org.uk](mailto:andrew.mussell@shaw-trust.org.uk)

T: 07971 829008

3. Alternatively, Speak to Jobcentre work Coach!

